

Naturopathy Prescription

Client's Name

Zoe Robertson

Date: 07/06/2023**Student Practitioner:**

**I am in the clinic during
the follow days/times:**

Product Recommendation

Brand	Prescribed Product	Dosage Instructions	Repeat Authorised	No. of Repeats
BioMedica	N-Acetyl-Cysteine	1 scoop, once a day With food	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	
Fusion	Magnesium Advanced	1 scoop in water, 1-2x a day	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No	
		<input type="checkbox"/> Caps/tabs <input type="checkbox"/> Times a day <input type="checkbox"/> Before <input type="checkbox"/> With <input type="checkbox"/> After Food	<input type="checkbox"/> Yes <input type="checkbox"/> No	
		<input type="checkbox"/> Caps/tabs <input type="checkbox"/> Times a day <input type="checkbox"/> Before <input type="checkbox"/> With <input type="checkbox"/> After Food	<input type="checkbox"/> Yes <input type="checkbox"/> No	

Dietary/Lifestyle Recommendations

1. Continue to include immune foods - onion, garlic, citrus, red meat that can be cooked in stews and cassaroles
2. Get healthy sun in the morning for your vitamin D levels. 30 minutes with face and arms is sufficient.
- 3.

Re-book in: 3 Weeks**OR****Your Next Appointment is:****Supervisor Name & Professional Association Number Supervisor Signature:**

Adverse Reaction and Safety Information

- **Take products only as directed.**
- If you encounter any reactions such as feeling nauseous, headache, dizziness or the like, **STOP** taking your product immediately and call The Practice Wellbeing Centre reception on 03 9415 3327. In the case of an emergency please contact your GP or emergency service.
- A clinic supervisor will call you back as soon as possible to discuss the situation with you.
- **In the case of an emergency, contact your GP or emergency service.**
- **Please keep all medication out of reach of children.**